



## Houmous - 1kg

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**Product Images**



## Allergens

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Celery	No
Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	Yes
Soybeans	No
Sulphites	No

## Ingredients

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Ingredients	Cooked Chickpeas (46%) [Water, Chickpeas], Rapeseed Oil (19%), Water, <b>SESAME SEED</b> Paste (14%), Acidity Regulator Citric Acid, Salt, Garlic Granules, Preservative Potassium Sorbate
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## Dietary Information

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Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Nutritional Information

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Carbohydrate Per 100g (g)	8.1 g
Carbohydrate of which Sugars per 100g (g)	0.5 g
Fat per 100g (g)	28.2 g
Fat of which Saturates per 100g (g)	2.5 g
Fibre per 100g	4.9 g
Energy per 100g (kcal)	326 kcal
Energy per 100g (kJ)	1350 kJ
Protein per 100g (g)	7 g
Salt per 100g (g)	0.9 g