



## Sparticus Salad Greek Feta & Olive Rice Salad - 1.25kg

### Product Disclaimer:

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### Product Images



## Allergens

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Celery	No
Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	Yes
Molluscs	No
Mustard	Yes
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

## Ingredients

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Ingredients	Vegetables 39% (cherry tomatoes, cucumber, red onion, black olives (olives, salt)), black rice 20% (water, black rice), risoni 20% (water, durum WHEAT semolina), feta 10% (fresh pasteurized MILK from sheep and goats, salt milk-clotting enzyme, lactic starters), sauce 11% (olive oil, white wine vinegar, mint, mustard (water, MUSTARD seeds, ethylalcohol vinegar, salt, turmeric), lemon juice 0.6% (lemon juice concentrate, water), oregano, garlic puree (garlic, water, vinegar, salt), salt).
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## Dietary Information

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Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

## Nutritional Information

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Carbohydrate Per 100g (g)	14.3 g
Carbohydrate of which Sugars per 100g (g)	0.9 g
Fat per 100g (g)	8.6 g
Fat of which Saturates per 100g (g)	2.4 g
Fibre per 100g	1.3 g
Energy per 100g (kcal)	152 kcal
Energy per 100g (kJ)	638 kJ
Protein per 100g (g)	3.9 g
Salt per 100g (g)	0.66 g