



Sparticus Salad Greek Feta & Olive Rice Salad - 4x1.25kg

Product Disclaimer:

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Product Images



Allergens

| | |
|-----------|-----|
| Celery | No |
| Gluten | Yes |
| Crustacea | No |
| Eggs | No |
| Fish | No |
| Lupin | No |
| Milk | Yes |
| Molluscs | No |
| Mustard | Yes |
| Nuts | No |
| Peanuts | No |
| Sesame | No |
| Soybeans | No |
| Sulphites | No |

Ingredients

| | |
|-------------|---|
| Ingredients | Vegetables 39% (cherry tomatoes, cucumber, red onion, black olives (olives, salt)), black rice 20% (water, black rice), risoni 20% (water, durum WHEAT semolina), feta 10% (fresh pasteurized MILK from sheep and goats, salt milk-clotting enzyme, lactic starters), sauce 11% (olive oil, white wine vinegar, mint, mustard (water, MUSTARD seeds, ethylalcohol vinegar, salt, turmeric), lemon juice 0.6% (lemon juice concentrate, water), oregano, garlic puree (garlic, water, vinegar, salt), salt). |
|-------------|---|

Dietary Information

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|--------------------------------|-----|
| Approved for a Halal Diet | No |
| Approved for a Kosher Diet | No |
| Suitable for Coeliacs | No |
| Suitable for Lactose-Free Diet | No |
| Suitable for a Vegan Diet | No |
| Suitable for a Vegetarian Diet | Yes |

Nutritional Information

| | |
|---|----------|
| Carbohydrate Per 100g (g) | 14.3 g |
| Carbohydrate of which Sugars per 100g (g) | 0.9 g |
| Fat per 100g (g) | 8.6 g |
| Fat of which Saturates per 100g (g) | 2.4 g |
| Fibre per 100g | 1.3 g |
| Energy per 100g (kcal) | 152 kcal |
| Energy per 100g (kJ) | 638 kJ |
| Protein per 100g (g) | 3.9 g |
| Salt per 100g (g) | 0.66 g |