



Super Granola Pre-Cut - 14ptn

Product Disclaimer:

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Product Images



Allergens

Celery	No
Gluten	Yes
Crustacea	No
Eggs	May Contain
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	No
Nuts	Yes
Peanuts	May Contain
Sesame	May Contain
Soybeans	May Contain
Sulphites	>10mg

Ingredients

Ingredients	Gluten-free OATS 20%, vegetable fat spread (vegetable oils (coconut, rapeseed, sunflower), water, sea salt, faba bean preparation, emulsifier (lecithin), natural flavourings, colour (carotenes)), invert sugar syrup, demerara sugar, dried chopped apricots 7% (apricots, preservative (SULPHUR DIOXIDE)), dried sweetened cranberries 7% (dried cranberries, sugar), chopped dates 7%, sunflower seeds 6%, whole ALMONDS 3%, whole roasted HAZELNUTS 3%, toasted flaked ALMONDS 3%, pumpkin seeds 3%, desiccated coconut 1%, orange zest 1%, ground cinnamon.
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Nutritional Information

Carbohydrate Per 100g (g)	48.5 g
Carbohydrate of which Sugars per 100g (g)	30.9 g
Fat per 100g (g)	27 g
Fat of which Saturates per 100g (g)	10.2 g
Fibre per 100g	5.1 g
Energy per 100g (kcal)	467.7 kcal
Energy per 100g (kJ)	1958.2 kJ
Protein per 100g (g)	7.4 g
Salt per 100g (g)	0.39 g