

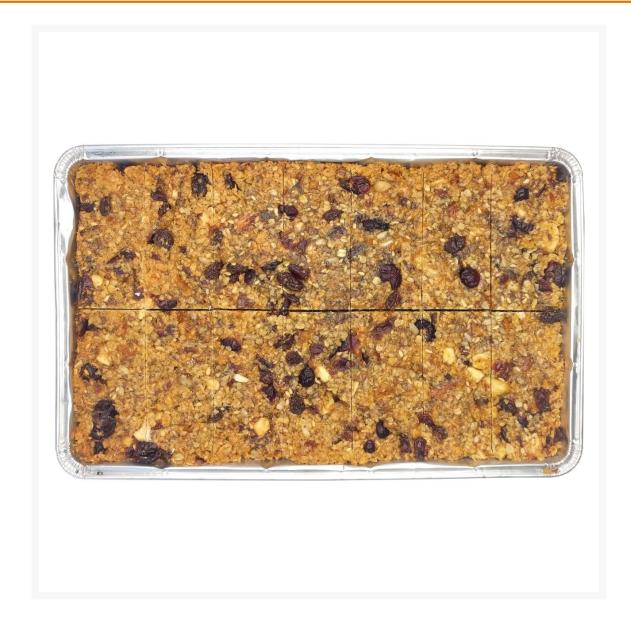


Super Granola Pre-Cut - 14ptn

Product Disclaimer:

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Product Images



Allergens

| CeleryNoGlutenYesCrustaceaNoEggsMay ContainFishNoLupinNoMilkMay ContainMolluscsNoMustardNoNutsYesPeanutsMay ContainSesameMay ContainSoybeansMay ContainSulphites>10mg | | |
|--|-----------|-------------|
| Crustacea No Eggs May Contain Fish No Lupin No Milk May Contain Molluscs No Mustard No Nuts Yes Peanuts May Contain Sesame May Contain May Contain May Contain May Contain | Celery | No |
| EggsMay ContainFishNoLupinNoMilkMay ContainMolluscsNoMustardNoNutsYesPeanutsMay ContainSesameMay ContainSoybeansMay Contain | Gluten | Yes |
| Fish No Lupin No Milk May Contain Molluscs No Mustard No Nuts Yes Peanuts May Contain Sesame May Contain Soybeans May Contain | Crustacea | No |
| LupinNoMilkMay ContainMolluscsNoMustardNoNutsYesPeanutsMay ContainSesameMay ContainSoybeansMay Contain | Eggs | May Contain |
| MilkMay ContainMolluscsNoMustardNoNutsYesPeanutsMay ContainSesameMay ContainSoybeansMay Contain | Fish | No |
| Molluscs No Mustard No Nuts Yes Peanuts May Contain Sesame May Contain Soybeans May Contain | Lupin | No |
| MustardNoNutsYesPeanutsMay ContainSesameMay ContainSoybeansMay Contain | Milk | May Contain |
| Nuts Yes Peanuts May Contain Sesame May Contain Soybeans May Contain | Molluscs | No |
| Peanuts May Contain Sesame May Contain Soybeans May Contain | Mustard | No |
| Sesame May Contain Soybeans May Contain | Nuts | Yes |
| Soybeans May Contain | Peanuts | May Contain |
| | Sesame | May Contain |
| Sulphites >10mg | Soybeans | May Contain |
| | Sulphites | >10mg |

Ingredients

Gluten-free **OATS** 20%, vegetable fat spread (vegetable oils (coconut, rapeseed, sunflower), water, sea salt, faba bean preparation, emulsifier (lecithin), natural flavourings, colour (carotenes)), invert sugar syrup, demerara sugar, dried chopped apricots 7% (apricots, preservative (**SULPHUR DIOXIDE**)), dried sweetened cranberries 7% (dried cranberries, sugar), chopped dates 7%, sunflower seeds 6%, whole **ALMONDS** 3%, whole roasted **HAZELNUTS** 3%, toasted flaked **ALMONDS** 3%, pumpkin seeds 3%, desiccated coconut 1%, orange zest 1%, ground cinnamon.

Dietary Information

| Approved for a Halal Diet | No |
|--------------------------------|-----|
| Approved for a Kosher Diet | No |
| Suitable for Lactose-Free Diet | No |
| Suitable for a Vegan Diet | Yes |
| Suitable for a Vegetarian Diet | Yes |

Nutritional Information

| Carbohydrate Per 100g (g) | 48.5 g |
|---|------------|
| Carbohydrate of which Sugars per 100g (g) | 30.9 g |
| Fat per 100g (g) | 27 g |
| Fat of which Saturates per 100g (g) | 10.2 g |
| Fibre per 100g | 5.1 g |
| Energy per 100g (kcal) | 467.7 kcal |
| Energy per 100g (kJ) | 1958.2 kJ |
| Protein per 100g (g) | 7.4 g |
| Salt per 100g (g) | 0.39 g |