



# Quinoa and Chickpea Salad Mix - 8x1.25kg

#### Product Disclaimer:

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#### **Product Images**



### Allergens

CeleryNoGlutenNoCrustaceaNoEggsNoFishNoLupinNoMilkNoMolluscsNoMustardNoNutsNoPeanutsNoSesameNoSoybeansNo	GlutenNoCrustaceaNoEggsNoFishNoLupinNoMilkNoMolluscsNoMustardNoNutsNoPeanutsNoSesameNo	Gluten No Crustacea No Eggs No Fish No Lupin No Milk No Molluscs No Mustard No No Peanuts No Sesame No		
Crustacea No Eggs No Fish No Lupin No Milk No Molluscs No Mustard No Nuts No Peanuts No Soybeans No	CrustaceaNoEggsNoFishNoLupinNoMilkNoMolluscsNoMustardNoNutsNoPeanutsNoSesameNo	Crustacea No Eggs No Fish No Lupin No Milk No Molluscs No Mustard No Nuts No Peanuts No Soybeans No	Celery	No
EggsNoFishNoLupinNoMilkNoMolluscsNoMustardNoNutsNoPeanutsNoSesameNoSoybeansNo	EggsNoFishNoLupinNoMilkNoMolluscsNoMustardNoNutsNoPeanutsNoSesameNo	EggsNoFishNoLupinNoMilkNoMolluscsNoMustardNoNutsNoPeanutsNoSesameNoSoybeansNo	Gluten	No
Fish No Lupin No Milk No Molluscs No Mustard No Nuts No Peanuts No Sesame No Soybeans No	Fish No Lupin No Milk No Molluscs No Mustard No No Peanuts No Sesame No	Fish No Lupin No Milk No Molluscs No Mustard No Nuts No Peanuts No Sesame No Soybeans No	Crustacea	No
LupinNoMilkNoMolluscsNoMustardNoNutsNoPeanutsNoSesameNoSoybeansNo	Lupin No Milk No Molluscs No Mustard No No Peanuts No Sesame No	LupinNoMilkNoMolluscsNoMustardNoNutsNoPeanutsNoSesameNoSoybeansNo	Eggs	No
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NutsNoPeanutsNoSesameNoSoybeansNo	Nuts No Peanuts No Sesame No	NutsNoPeanutsNoSesameNoSoybeansNo	Molluscs	No
PeanutsNoSesameNoSoybeansNo	Peanuts No Sesame No	PeanutsNoSesameNoSoybeansNo	Mustard	No
Sesame No	Sesame No	Sesame No	Nuts	No
Soybeans		Soybeans	Peanuts	No
	Soybeans		Sesame	No
Culabitan	Solder 15	Sulphites No	Soybeans	No
Sulpnites	Sulphites No		Sulphites	No

# Ingredients

Ingredients	Vegetables 63% (chickpeas 23%, corn, red pepper, tomatoes), quinoa 23% (water, quinoa), sauce 14% (tomato puree, olive oil, coriander, mixed herbs, salt, garlic puree, pepper).

# **Dietary Information**

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

#### **Nutritional Information**

Carbohydrate Per 100g (g)	11.6 g
Carbohydrate of which Sugars per 100g (g)	2.3 g
Fat per 100g (g)	3.9 g
Fat of which Saturates per 100g (g)	0.6 g
Fibre per 100g	3.6 g
Energy per 100g (kcal)	103 kcal
Energy per 100g (kJ)	431 kJ
Protein per 100g (g)	3.8 g
Salt per 100g (g)	0.81 g