



## Kerala Whole Black Mustard Seed - 1x680g

### Product Disclaimer:

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### Product Images



## Additional Information

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Product Code	190051
Outer EAN 1	0

## Allergens

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Celery/Celериac	No
Contains Cereals Containing Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	Yes
Nuts	No
Peanuts	No
Sesame Seeds	No
Soybeans	No
Sulphur Dioxide and Sulphites	No

## Ingredients, Storage & Usage

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Ingredients	black mustard seed.
Storage Type	Ambient

## Dietary Information

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Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Suitable for Coeliacs	Yes
Suitable for Nut Allergy Sufferer	Yes
Suitable for Sufferers of Lactose Intolerance	Yes

## Nutritional Information

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Carbohydrate of which Sugars per 100g (g)	6.8
Carbohydrate Per 100g (g)	15.9
Energy per 100g (kcal)	508
Energy per 100g (kJ)	2123
Fat of which Saturates per 100g (g)	1.98
Fat per 100g (g)	36.2
Protein per 100g (g)	26
Salt per 100g (g)	0.02