



## Proper Cornish Unbaked Vegan Vegetable Pasty - 20x283g

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### Product Images



## Allergens

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Celery	Yes
Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

## Ingredients

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Ingredients	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Potato (16%), Water, Vegetable Margarine (Vegetable Oils and Fats [Palm], Water, Salt, Lemon Juice), Mixed Capsicum Peppers (7%), Onion (5%), Swede (5%), Sweetcorn (4%), White Shortening (Vegetable Oils and Fats [Palm, Rapeseed], Water, Salt, Lemon Juice), CELERY (1%), Parsnip (1%), Vegetable Stock (Modified Maize Starch, Dextrose, Salt, Onion Powder, Yeast Extract, Tomato Powder, Parsley, BARLEY Malt Extract (Gluten), CELERY Seed Extract, Black Pepper Extract), Salt, Dehydrated Potato Flake (Potato, Emulsifier [Mono and Diglycerides]), Vegan Glaze (Tapioca Dextrin, Dextrose), Modified Potato Starch, Mixed Herbs (Basil, Oregano, Parsley, Marjoram, Sage, Thyme), Black Pepper, White Pepper
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## Dietary Information

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Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Nutritional Information

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Carbohydrate Per 100g (g)	28.3 g
Carbohydrate of which Sugars per 100g (g)	1.6 g
Fat per 100g (g)	11 g
Fat of which Saturates per 100g (g)	5.8 g
Fibre per 100g	1.9 g
Energy per 100g (kcal)	221 kcal
Energy per 100g (kJ)	926 kJ
Protein per 100g (g)	3.3 g
Salt per 100g (g)	0.86 g