



Gomo Chargrilled Artichokes in Oil - 2x1.4kg

Product Disclaimer:

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Product Images



GOMO **CHAR-GRILLED ARTICHOKES
IN SEASONED OIL**

Ingredients: Artichokes (73%), Sunflower Oil, Sea Salt, Wine vinegar, Acidity Regulator (Citric Acid), Antioxidant (Ascorbic Acid), Garlic, Pepper

Best before: 31/03/2022
Batch n. 092/2020-118

Net weight: **1500 g e**

Store in a cool and dry place (away from direct light)
Once opened keep refrigerated and use within 4 days

Produced and packed in Italy for:
Bontà Italia Ltd - Herts - WD6 4SE www.bontaitalia.co.uk

NUTRITION INFORMATION	
Average values	
per 100 g (drained)	
Energy	251 kcal; 1035 kJ
Fat	22 g
of which saturates	2.5 g
Carbohydrate	8.3 g
of which sugars	0.7 g
Fibre	4.2 g
Protein	2.1 g
Salt	1.2 g

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Allergens

Celery	No
Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

Ingredients

Ingredients	Marinated Artichokes (73%) [Artichokes, Sea Salt, Wine Vinegar, Acidity Regulator (Citric Acid), Antioxidant (Ascorbic Acid), Garlic, White Pepper], Sunflower Oil (27%).
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Nutritional Information

Carbohydrate Per 100g (g)	8.3 g
Carbohydrate of which Sugars per 100g (g)	0.7 g
Fat per 100g (g)	27 g
Fat of which Saturates per 100g (g)	3.1 g
Fibre per 100g	4.2 g
Energy per 100g (kcal)	293 kcal
Energy per 100g (kJ)	1209 kJ
Protein per 100g (g)	2.1 g
Salt per 100g (g)	1.2 g