



Tilda Easy Cook Basmati & Wild Rice (1x4kg)

Product Disclaimer:

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Product Images



Additional Information

Product Code	157290
Outer EAN 1	0

Allergens

Celery/Celериac	No
Contains Cereals Containing Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame Seeds	No
Soybeans	No
Sulphur Dioxide and Sulphites	No

Ingredients, Storage & Usage

Ingredients	85% parboiled basmati rice, 15% scarified wild rice
Storage Type	Ambient

Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Suitable for Coeliacs	Yes
Suitable for Nut Allergy Sufferer	Yes
Suitable for Sufferers of Lactose Intolerance	Yes

Nutritional Information

Carbohydrate of which Sugars per 100g (g)	1.6
Carbohydrate Per 100g (g)	78.9
Energy per 100g (kcal)	360
Energy per 100g (kJ)	1526
Fat of which Saturates per 100g (g)	0.3
Fat per 100g (g)	1
Protein per 100g (g)	8.1
Salt per 100g (g)	0.02