



Frozen Medium Sprouts - 1kg

Product Disclaimer:

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Product Images



Allergens

| | |
|-----------|----|
| Celery | No |
| Gluten | No |
| Crustacea | No |
| Eggs | No |
| Fish | No |
| Lupin | No |
| Milk | No |
| Molluscs | No |
| Mustard | No |
| Nuts | No |
| Peanuts | No |
| Sesame | No |
| Soybeans | No |
| Sulphites | No |

Ingredients

| | |
|-------------|-------------------------|
| Ingredients | Brussels sprouts (100%) |
|-------------|-------------------------|

Dietary Information

| | |
|--------------------------------|-----|
| Approved for a Halal Diet | Yes |
| Approved for a Kosher Diet | No |
| Suitable for Coeliacs | Yes |
| Suitable for Lactose-Free Diet | Yes |
| Suitable for a Vegan Diet | Yes |
| Suitable for a Vegetarian Diet | Yes |

Nutritional Information

| | |
|---|---------|
| Carbohydrate Per 100g (g) | 4.5 g |
| Carbohydrate of which Sugars per 100g (g) | 2.7 g |
| Fat per 100g (g) | 0.3 g |
| Fat of which Saturates per 100g (g) | 0.1 g |
| Fibre per 100g | 4.4 g |
| Energy per 100g (kcal) | 42 kcal |
| Energy per 100g (kJ) | 177 kJ |
| Protein per 100g (g) | 3.2 g |
| Salt per 100g (g) | 0.03 g |