



Mornflake Honey Raisin Almond Granola - 1kg

Product Disclaimer:

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Product Images



Allergens

Celery	No
Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	No
Nuts	Yes
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

Ingredients

Ingredients	OATFLAKES (59%), Sugar, Mixed Dried Fruits, Nuts & Seeds (21%) (Raisins (9%), Sultanas, ALMONDS (4%), Sunflower Seeds, Desiccated Coconut), Palm Oil, Honey, Natural Flavouring.
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

Nutritional Information

Carbohydrate Per 100g (g)	60.9 g
Carbohydrate of which Sugars per 100g (g)	23.6 g
Fat per 100g (g)	12.3 g
Fat of which Saturates per 100g (g)	3.6 g
Fibre per 100g	6.6 g
Energy per 100g (kcal)	406 kcal
Energy per 100g (kJ)	1706 kJ
Protein per 100g (g)	9.6 g
Salt per 100g (g)	0.03 g