



## Kellogg's Special K Original Cereal - 4x500g

### Product Disclaimer:

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### Product Images



## Allergens

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Celery	No
Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

## Ingredients

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Ingredients	Rice (47%), WHOLEWHEAT (37%), sugar, BARLEY (5%), malted BARLEY flour, salt, BARLEY malt extract, niacin, iron, zinc, riboflavin, thiamin, vitamin B6, folic acid, vitamin D, vitamin B12.
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## Dietary Information

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Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

## Nutritional Information

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Carbohydrate Per 100g (g)	84 g
Carbohydrate of which Sugars per 100g (g)	15 g
Fat per 100g (g)	1.3 g
Fat of which Saturates per 100g (g)	0.3 g
Fibre per 100g	6 g
Energy per 100g (kcal)	392 kcal
Energy per 100g (kJ)	1660 kJ
Protein per 100g (g)	8 g
Salt per 100g (g)	0.84 g