



# Kellogg's Special K Cereal - 40x30g

#### Product Disclaimer:

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#### **Product Images**



## Allergens

Celery No   Gluten Yes   Crustacea No   Eggs No   Fish No   Lupin No   Milk May Contain   Molluscs No   Mustard No   Nuts No   Peanuts No   Sesame No   Soybeans No   Sulphites No
Crustacea No  Eggs No  Fish No  Lupin No  Milk May Contain  Molluscs No  Mustard No  Nuts No  Peanuts No  Sesame No  Soybeans No
EggsNoFishNoLupinNoMilkMay ContainMolluscsNoMustardNoNutsNoPeanutsNoSesameNoSoybeansNo
Fish No Lupin No Milk May Contain Molluscs No Mustard No Nuts No Peanuts No Sesame No Soybeans No
LupinNoMilkMay ContainMolluscsNoMustardNoNutsNoPeanutsNoSesameNoSoybeansNo
MilkMay ContainMolluscsNoMustardNoNutsNoPeanutsNoSesameNoSoybeansNo
Molluscs No Mustard No Nuts No Peanuts No Sesame No Soybeans No
MustardNoNutsNoPeanutsNoSesameNoSoybeansNo
NutsNoPeanutsNoSesameNoSoybeansNo
PeanutsNoSesameNoSoybeansNo
Sesame No No
Soybeans
Sulphites No

## Ingredients

Ingredients	Rice (47%), WHOLEWHEAT (37%), sugar, BARLEY (5%), malted BARLEY flour, salt, BARLEY malt extract, niacin, iron, zinc, riboflavin, thiamin, vitamin B6, folic acid, vitamin D, vitamin B12.
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## **Dietary Information**

Approved for a Halal Diet	Yes
Approved for a Kosher Diet	Yes
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

#### **Nutritional Information**

Carbohydrate Per 100g (g)	84 g
Carbohydrate of which Sugars per 100g (g)	15 g
Fat per 100g (g)	1.3 g
Fat of which Saturates per 100g (g)	0.3 g
Fibre per 100g	6 g
Energy per 100g (kcal)	392 kcal
Energy per 100g (kJ)	1660 kJ
Protein per 100g (g)	8 g
Salt per 100g (g)	0.84 g