



Kellogg's Fruit 'n Fibre Cereal - 40x45g

Product Disclaimer:

Whilst every care has been taken to ensure this information is correct, the data contained here has been supplied by the respective brand owners and Creed Foodservice is not responsible for the accuracy or completeness of this data. The information is provided in good faith but is for general information purposes only. Creed Foodservice does not manufacture the product. To ensure that you have the most up-to-date information please check the product label on delivery. For more information, please see our full allergen disclaimer or email customerservicehelpdesk@creedfoodservice.co.uk

Product Images



Allergens

Celery	No
Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	Yes
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

Ingredients

Ingredients	WHOLEWHEAT (69%), dried fruit and HAZELNUTS (26%) (raisins, coconut, banana {banana, coconut oil, sugar}, apple, HAZELNUTS), sugar, BARLEY malt extract, salt, niacin, iron, vitamin B6, riboflavin, thiamin, folic acid, vitamin D, vitamin B12.
-------------	---

Dietary Information

Approved for a Halal Diet	Yes
Approved for a Kosher Diet	Yes
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

Nutritional Information

Carbohydrate Per 100g (g)	69 g
Carbohydrate of which Sugars per 100g (g)	24 g
Fat per 100g (g)	6 g
Fat of which Saturates per 100g (g)	3.5 g
Fibre per 100g	9 g
Energy per 100g (kcal)	380 kcal
Energy per 100g (kJ)	1603 kJ
Protein per 100g (g)	8 g
Salt per 100g (g)	1 g