



Marmite - 1x600g

Product Disclaimer:

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Product Images



Allergens

| | |
|-----------|-----|
| Celery | Yes |
| Gluten | Yes |
| Crustacea | No |
| Eggs | No |
| Fish | No |
| Lupin | No |
| Milk | No |
| Molluscs | No |
| Mustard | No |
| Nuts | No |
| Peanuts | No |
| Sesame | No |
| Soybeans | No |
| Sulphites | No |

Ingredients

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|-------------|---|
| Ingredients | Yeast extract (contains BARLEY, WHEAT, OATS, RYE), salt, vegetable juice concentrate, vitamins (thiamin, riboflavin, niacin, vitamin B12 and folic acid), natural flavouring (contains CELERY). |
|-------------|---|

Dietary Information

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|--------------------------------|-----|
| Approved for a Halal Diet | Yes |
| Approved for a Kosher Diet | Yes |
| Suitable for Lactose-Free Diet | No |
| Suitable for a Vegan Diet | Yes |
| Suitable for a Vegetarian Diet | Yes |

Nutritional Information

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|---|----------|
| Carbohydrate Per 100g (g) | 30 g |
| Carbohydrate of which Sugars per 100g (g) | 1.2 g |
| Fat per 100g (g) | 0.1 g |
| Fat of which Saturates per 100g (g) | 0.05 g |
| Fibre per 100g | 1.1 g |
| Energy per 100g (kcal) | 260 kcal |
| Energy per 100g (kJ) | 1100 kJ |
| Protein per 100g (g) | 34 g |
| Salt per 100g (g) | 10.8 g |