



# **Opies Ginger in Syrup - 560g**

#### Product Disclaimer:

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#### **Product Images**



### Allergens

Celery No Gluten No Crustacea No Eggs No Fish No Lupin No Milk No Molluscs No
Crustacea No Eggs No Fish No Lupin No Milk No
Eggs No Fish No Lupin No Milk No
Fish No Lupin No Milk No
Lupin No Milk No
Milk
Molluscs No
Mustard No
Nuts No
Peanuts No
Sesame No
Soybeans No
Soybeans

## Ingredients

Ingredients	Stem Ginger, Sugar, Water.	

## **Dietary Information**

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

#### **Nutritional Information**

Carbohydrate Per 100g (g)	71 g
Carbohydrate of which Sugars per 100g (g)	64 g
Fat per 100g (g)	0.5 g
Fat of which Saturates per 100g (g)	0 g
Fibre per 100g	1.6 g
Energy per 100g (kcal)	285 kcal
Energy per 100g (kJ)	1212 kJ
Protein per 100g (g)	0 g
Salt per 100g (g)	0.03 g