



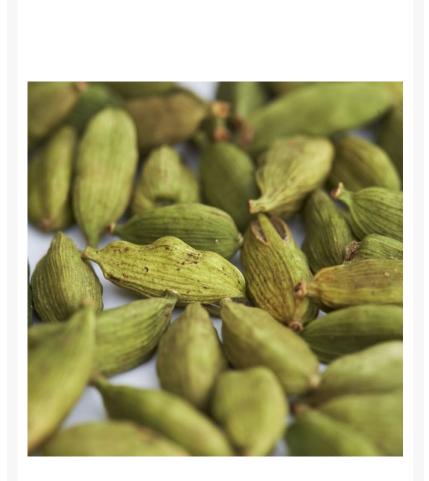
# Kerala Whole Cardamom - 4x400g

#### Product Disclaimer:

Whilst every care has been taken to ensure this information is correct, the data contained here has been supplied by the respective brand owners and Creed Foodservice is not responsible for the accuracy or completeness of this data. The information is provided in good faith but is for general information purposes only. Creed Foodservice does not manufacture the product. To ensure that you have the most upto-date information please check the product label on delivery. For more information, please see our full allergen disclaimer or email customerservicehelpdesk@creedfoodservice.co.uk

### **Product Images**





## Allergens

| Celery    | No |
|-----------|----|
| Gluten    | No |
| Crustacea | No |
| Eggs      | No |
| Fish      | No |
| Lupin     | No |
| Milk      | No |
| Molluscs  | No |
| Mustard   | No |
| Nuts      | No |
| Peanuts   | No |
| Sesame    | No |
| Soybeans  | No |
| Sulphites | No |

## Ingredients

Ingredients

Cardamom

## **Dietary Information**

| Approved for a Halal Diet      | No  |
|--------------------------------|-----|
| Approved for a Kosher Diet     | No  |
| Suitable for Coeliacs          | Yes |
| Suitable for Lactose-Free Diet | Yes |
| Suitable for a Vegan Diet      | Yes |
| Suitable for a Vegetarian Diet | Yes |

### **Nutritional Information**

| Carbohydrate Per 100g (g)                 | 40.5 g   |
|---|----------|
| Carbohydrate of which Sugars per 100g (g) | 0 g      |
| Fat per 100g (g)                          | 6.7 g    |
| Fat of which Saturates per 100g (g)       | 0.68 g   |
| Fibre per 100g                            | 28 g     |
| Energy per 100g (kcal)                    | 311 kcal |
| Energy per 100g (kJ)                      | 1299 kJ  |
| Protein per 100g (g)                      | 10.8 g   |
| Salt per 100g (g)                         | 0.05 g   |