



Chia Seeds - 5x500g

Product Disclaimer:

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Product Images



Allergens

Celery	May Contain
Gluten	May Contain
Crustacea	No
Eggs	May Contain
Fish	No
Lupin	May Contain
Milk	May Contain
Molluscs	No
Mustard	May Contain
Nuts	May Contain
Peanuts	May Contain
Sesame	May Contain
Soybeans	May Contain
Sulphites	May Contain

Ingredients

Ingredients	chia seeds
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Nutritional Information

Carbohydrate Per 100g (g)	40
Carbohydrate of which Sugars per 100g (g)	0
Fat per 100g (g)	32
Fat of which Saturates per 100g (g)	3
Energy per 100g (kcal)	574
Energy per 100g (kJ)	2387
Protein per 100g (g)	19
Salt per 100g (g)	0.05