



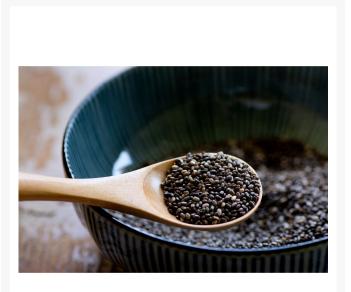
# Chia Seeds - 5x500g

#### Product Disclaimer:

Whilst every care has been taken to ensure this information is correct, the data contained here has been supplied by the respective brand owners and Creed Foodservice is not responsible for the accuracy or completeness of this data. The information is provided in good faith but is for general information purposes only. Creed Foodservice does not manufacture the product. To ensure that you have the most upto-date information please check the product label on delivery. For more information, please see our full allergen disclaimer or email customerservicehelpdesk@creedfoodservice.co.uk

### **Product Images**





## Allergens

May Contain
May Contain
No
May Contain
No
May Contain
May Contain
No
May Contain

## Ingredients

Ingredients chia seeds
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## **Dietary Information**

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

### **Nutritional Information**

Carbohydrate Per 100g (g)	40
Carbohydrate of which Sugars per 100g (g)	0
Fat per 100g (g)	32
Fat of which Saturates per 100g (g)	3
Energy per 100g (kcal)	574
Energy per 100g (kJ)	2387
Protein per 100g (g)	19
Salt per 100g (g)	0.05