



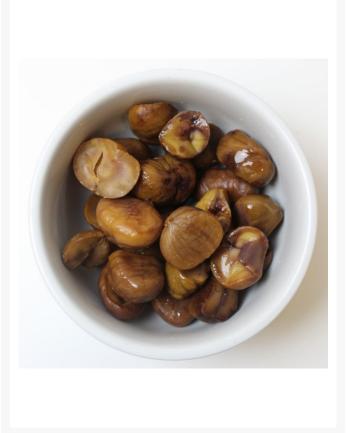
# Merchant Gourmet Cooked Whole Chestnuts (pouch) - 500g

#### Product Disclaimer:

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#### **Product Images**





## Allergens

Celery	No
Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

## Ingredients

Ingredients	Whole Chestnuts (100%).
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## **Dietary Information**

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

#### **Nutritional Information**

Carbohydrate Per 100g (g)	33 g
Carbohydrate of which Sugars per 100g (g)	9.1 g
Fat per 100g (g)	1.6 g
Fat of which Saturates per 100g (g)	0.3 g
Fibre per 100g	5.9 g
Energy per 100g (kcal)	176 kcal
Energy per 100g (kJ)	742 kJ
Protein per 100g (g)	4.1 g
Salt per 100g (g)	0.03 g