



Red Tractor Assured Beef Flat Iron Steak - 5x283g/10oz

Product Disclaimer:

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Product Images



Additional Information

Specification Sheet

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Allergens

No
No

Ingredients

Ingredients Beef			
	Ingredients	Beef	

Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No

Nutritional Information

Carbohydrate Per 100g (g)	0
Carbohydrate of which Sugars per 100g (g)	0
Fat per 100g (g)	46.7
Fat of which Saturates per 100g (g)	8.6
Energy per 100g (kcal)	160
Energy per 100g (kJ)	670
Protein per 100g (g)	20.7
Salt per 100g (g)	0.15