



# **Triple Lion Red Split Lentils - 3kg**

#### Product Disclaimer:

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### **Product Images**



# Allergens

Celery	No
Gluten	May Contain
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

## Ingredients

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Dried Red Split Lentils

## **Dietary Information**

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

### **Nutritional Information**

Carbohydrate Per 100g (g)	48.3 g
Carbohydrate of which Sugars per 100g (g)	2.3 g
Fat per 100g (g)	1.3 g
Fat of which Saturates per 100g (g)	0.3 g
Fibre per 100g	14.4 g
Energy per 100g (kcal)	312 kcal
Energy per 100g (kJ)	1316 kJ
Protein per 100g (g)	19.5 g
Salt per 100g (g)	0.01 g