

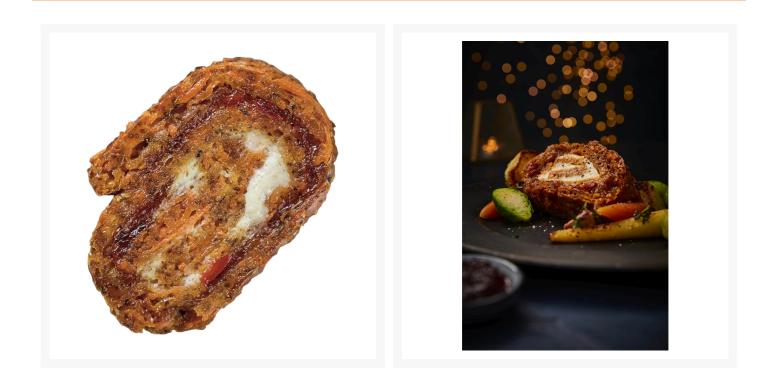


Central Foods Gluten Free Cajun Spice Sweet Potato Roulade - 16x195g

Product Disclaimer:

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Product Images



Allergens

CeleryNoGlutenNoCrustaceaNoEggsNoFishNoLupinNoMilkMay ContainMoluscsNoMustardYesNutsNoPeanutsNoSeameNoSoybeansNo		
CrustaceaNoEggsNoFishNoLupinNoMilkMay ContainMolluscsNoMustardYesNutsNoPenutsNoSesameNo	Celery	No
EggsNoFishNoLupinNoMilkMay ContainMolluscsNoMustardYesNusMay ContainPeanutsNoSesameNo	Gluten	No
FishNoLupinNoMilkMay ContainMolluscsNoMustardYesNutsMay ContainPeanutsNoSesameNo	Crustacea	No
LupinNoMikMay ContainMolluscsNoMustardYesNutsMay ContainPeanutsNoSesameNo	Eggs	No
MilkMay ContainMolluscsNoMustardYesNutsMay ContainPeanutsNoSesameNo	Fish	No
MolluscsNoMustardYesNutsMay ContainPeanutsNoSesameNo	Lupin	No
MustardYesNutsMay ContainPeanutsNoSesameNo	Milk	May Contain
Nuts May Contain Peanuts No Sesame No	Molluscs	No
Peanuts No Sesame No	Mustard	Yes
Sesame No	Nuts	May Contain
	Peanuts	No
Soybeans No	Sesame	No
	Soybeans	No
Sulphites No	Sulphites	No

Ingredients

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Water, Gluten-Free Self Raising Flour (Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat), Raising Agents (Mono-Calcium Phosphate, Sodium Bicarbonate), Thickener (Xanthan Gum)), Coconut Preparations (14%) (Water, Coconut Oil, Stabilisers (Potato Starch, Maize Starch, Modified Potato Starch, Carob Bean Gum, Acacia Gum), Coconut Cream, Salt, Calcium Phosphate, Acidity Regulator (Citric Acid), Maltodextrin, Colour (Carrot Concentrate), Natural Flavouring (Vitamin D2, Vitamin B12)), Sweet Potato (11%), Caster Sugar, Red Peppers, Chopped Tomatoes (Tomatoes, Tomato Juice, Citric Acid), Gluten-Free Suet (Non Hydrogenated Vegetable Oils (Palm, Sunflower), Rice Flour), Red Wine Vinegar, Red Onion, Chia Seeds, Modified Maize Starch, Cajun Spice (1%) (Salt, Maltodextrin, Red Bell Pepper, Cayenne Pepper, Chilli Powder, Garlic Powder, Coriander, Oregano, Pimento, Cardamom, Ginger, Black Pepper, Cumin, Fennel, White Pepper, Flavouring Substance, MUSTARD Powder, Yeast Extract, Colour (Paprika Oleoresin), Sage, Thyme, Rapeseed Oil, Anti-Caking Agent (Silicium Dioxide)), Chives, Garlic, Oil Pomace Blend (Olive Oil Pomace, Rapeseed Oil), Oregano, Tabasco (Distilled Vinegar, Red Pepper, Salt), Smoked Paprika, Salt.

Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Nutritional Information

Carbohydrate Per 100g (g)	24 g
Carbohydrate of which Sugars per 100g (g)	7.7 g
Fat per 100g (g)	8 g
Fat of which Saturates per 100g (g)	4.9 g
Fibre per 100g	1.8 g
Energy per 100g (kcal)	177 kcal
Energy per 100g (kJ)	739 kJ
Protein per 100g (g)	1.7 g
Salt per 100g (g)	0.66 g