



Phat Pasty Curried Cauliflower Chickpea & Onion Bhaji Pasty - 20x283g

Product Disclaimer:

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Product Images



Allergens

Celery	No
Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

Ingredients

Ingredients	WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Cauliflower (13%), Chickpeas (11%)(Chickpeas, Water, Salt, Ascorbic acid), Sustainable Palm Oil, Onions, Coconut Milk, Onion Bhaji (6%) (Onion, Gram Flour, Cottonseed Oil, Rice Flour, Salt, Green Chilli, Garlic, Coriander, Ginger, Garam Masala Powder (Cumin Seed, Black Pepper, Cinnamon, Cardamom, Bay Leaf, Mace, Clove, Nutmeg), Red Chilli Powder, Lemon Juice, Asafoetida, Turmeric powder, Raising agent (sodium bicarbonate)), Vegetable Oil, Sugar, Rehydrated Garlic, Red Chilli, Ginger Puree, Salt, Modified Maize Starch, Coriander, Garam Masala, Turmeric, Cumin Seeds, Ground Cardamom, Dextrose, Fenugreek, Cinnamon, Acidity Regulator(Citric Acid).
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

Nutritional Information

Carbohydrate Per 100g (g)	24.2 g
Carbohydrate of which Sugars per 100g (g)	2 g
Fat per 100g (g)	23 g
Fat of which Saturates per 100g (g)	11.7 g
Fibre per 100g	2.5 g
Energy per 100g (kcal)	330 kcal
Energy per 100g (kJ)	1346 kJ
Protein per 100g (g)	5.4 g
Salt per 100g (g)	1.4 g