

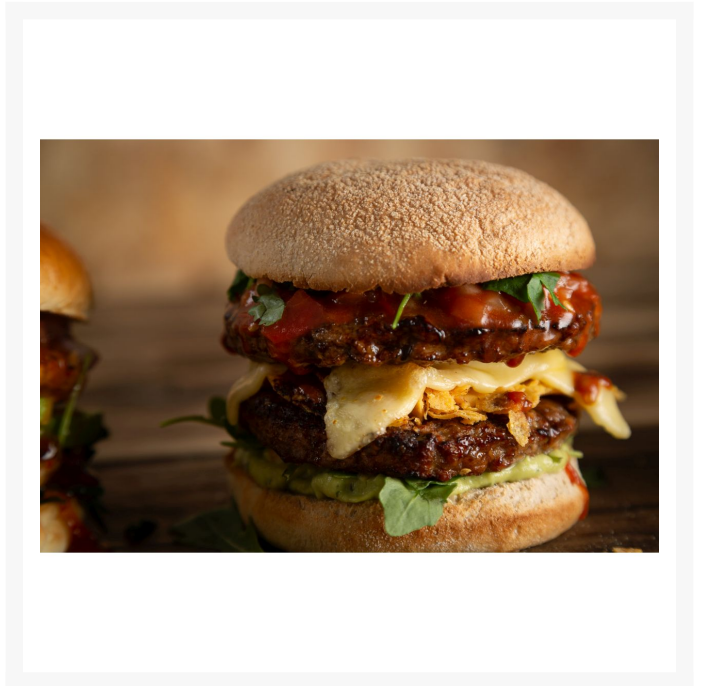


Kara Sliced Sourdough Bread Bun - 9x6

Product Disclaimer:

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Product Images



Allergens

Celery	No
Gluten	Yes
Crustacea	No
Eggs	May Contain
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	May Contain
Soybeans	May Contain
Sulphites	No

Ingredients

Ingredients	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, RYE Flour, Rapeseed Oil, Fermented RYE, Rice Cones, Yeast, Salt, Sugar, Fermented WHEAT Flour, Palm Oil, Emulsifier (E472e), Flour Treatment Agent (E300).
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

Nutritional Information

Carbohydrate Per 100g (g)	46.6 g
Carbohydrate of which Sugars per 100g (g)	4.6 g
Fat per 100g (g)	3.8 g
Fat of which Saturates per 100g (g)	0.6 g
Fibre per 100g	3.5 g
Energy per 100g (kcal)	260 kcal
Energy per 100g (kJ)	1099 kJ
Protein per 100g (g)	8.1 g
Salt per 100g (g)	0.65 g