



## Quorn Vegan Southern Fried Nuggets - 5x1kg

### Product Disclaimer:

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### Product Images



## Allergens

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Celery	No
Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	<10mg

## Ingredients

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Ingredients	Mycoprotein (53%), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine) Vegetable Oils (Rapeseed, Sunflower) Breadcrumb (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine, Yeast, Salt) WHEAT Starch, WHEAT Gluten, Salt, Pea Protein, Potato Protein, Firming Agents: Calcium Chloride, Calcium Acetate. Water, Natural Flavouring, Pea Fibre, Spices (Paprika, Fennel, Black Pepper) Yeast Extract, Stabilisers: Carrageenan, Sodium Alginate. Black Pepper Extract, Rice Flour, Dextrose, Acid: Citric Acid. Garlic Extract, Onion Oil
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## Dietary Information

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Approved for a Halal Diet	Yes
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes

## Nutritional Information

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Carbohydrate Per 100g (g)	15 g
Carbohydrate of which Sugars per 100g (g)	0.5 g
Fat per 100g (g)	11 g
Fat of which Saturates per 100g (g)	0.8 g
Fibre per 100g	5.6 g
Energy per 100g (kcal)	207 kcal
Energy per 100g (kJ)	863 kJ
Protein per 100g (g)	9.8 g
Salt per 100g (g)	0.88 g