



Pacific West Salt & Pepper Squid - 1kg net

Product Disclaimer:

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Product Images



Allergens

Celery	No
Gluten	Yes
Crustacea	May Contain
Eggs	No
Fish	May Contain
Lupin	No
Milk	May Contain
Molluscs	Yes
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	May Contain
Sulphites	No

Ingredients

Ingredients	Squid (MOLLUSCS) (70%), Coating [WHEAT Flour, Water, Palm Oil, Thickener (E1412), Sugar, Salt (1.4%), Pepper (1%), Raising Agents (E450, E500), Yeast extract, Spices, Colour (E160c)].
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Dietary Information

Approved for a Halal Diet	Yes
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No

Nutritional Information

Carbohydrate Per 100g (g)	11.5 g
Carbohydrate of which Sugars per 100g (g)	1.2 g
Fat per 100g (g)	7.7 g
Fat of which Saturates per 100g (g)	3.7 g
Fibre per 100g	1.5 g
Energy per 100g (kcal)	160 kcal
Energy per 100g (kJ)	668 kJ
Protein per 100g (g)	10.3 g
Salt per 100g (g)	1.4 g