



Alpen Original (sachet) - 30x45g

Product Disclaimer:

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Product Images



Celery	No
Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	Yes
Molluscs	No
Mustard	No
Nuts	Yes
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	<10mg

Ingredients

Ingredients	Wholegrain WHEAT (39%), Wholegrain Rolled OATS (37%), Raisins (12%), Sugar, Skimmed MILK Powder, MILK Whey Powder, Roasted Sliced NUTS (2.0) (HAZELNUTS, ALMONDS), Salt.
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Dietary Information

Approved for a Halal Diet	No
Approved for a Kosher Diet	Yes
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

Allergens

Nutritional Information

Carbohydrate Per 100g (g)	66 g
Carbohydrate of which Sugars per 100g (g)	21 g
Fat per 100g (g)	5.6 g
Fat of which Saturates per 100g (g)	0.9 g
Fibre per 100g	7.7 g
Energy per 100g (kcal)	374 kcal
Energy per 100g (kJ)	1578 kJ
Protein per 100g (g)	11 g
Salt per 100g (g)	0.25 g