



Alpen Original (sachet) - 30x45g

Product Disclaimer:

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Product Images



Celery	No
Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	Yes
Molluscs	No
Mustard	No
Nuts	Yes
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

Ingredients

Ingredients	Wholegrain WHEAT (39%), Wholegrain Rolled OATS (35%), Raisins (16%), Sugar, Skimmed MILK Powder, MILK Whey Powder, Roasted Sliced NUTS (2.0%) (ALMONDS, HAZELNUTS), Salt.
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Dietary Information

Approved for a Halal Diet	Yes
Approved for a Kosher Diet	Yes
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes

Allergens

Nutritional Information

Carbohydrate Per 100g (g)	66 g
Carbohydrate of which Sugars per 100g (g)	21 g
Fat per 100g (g)	5.5 g
Fat of which Saturates per 100g (g)	0.9 g
Fibre per 100g	7.7 g
Energy per 100g (kcal)	373 kcal
Energy per 100g (kJ)	1575 kJ
Protein per 100g (g)	11 g
Salt per 100g (g)	0.25 g